

King's Sarcoidosis Questionnaire (KSQ)



Easiest done online. Mobile compatible: www.sarcoidosisuk.org/survey/

Alternatively, complete this paper version and hand to your doctor or nurse.

This questionnaire is designed to assess the impact of sarcoidosis on various aspects of your life. All questions relate to how SARCOIDOSIS has affected your health. Section 1 is COMPULSORY. For all other sections, please only complete if the section is applicable to you. Read each question carefully and answer by marking with a cross (X) the response that best applies to you. Please answer the questions as honestly as you can. This questionnaire is confidential.

PRINT NAME:

DATE OF BIRTH: (DD/MM/YYYY)/...../..... **TODAYS DATE:**

SECTION 1: GENERAL HEALTH		All of the time	Most of the time	A good bit of the time	Some of the time	A little of the time	Hardly any of the time	None of the time
In the last 2 weeks...								
1	I have felt frustrated							
2	I have had trouble concentrating							
3	I have lacked motivation							
4	I have felt tired							
5	I have felt anxious							
6	I have felt aches and pains in my muscles/joints							
7	I have felt embarrassed							
8	I have worried about my weight							
9	I have worried about my sarcoidosis							
In the last 2 weeks...		A huge amount	Considerable amount	A moderate amount	A modest amount	A small amount	A tiny amount	None at all
10	Tiredness has interfered with my normal social activities such as going out with friends/family							

SECTION 2: LUNG		All of the time	Most of the time	A good bit of the time	Some of the time	A little of the time	Hardly any of the time	None of the time
In the last 2 weeks...								
11	My cough has caused pain/discomfort							
12	I have been breathless climbing stairs or walking up slight inclines							
13	I have had to take deep breaths, also known as 'air hunger'							
14	My chest has felt tight							
15	I have had episodes of breathlessness							
16	I have experienced chest pains							

SECTION 3: MEDICATION		A huge amount	Considerable amount	A moderate amount	A modest amount	A small amount	A tiny amount	None at all
In the last 2 weeks...								
17	I have worried about side effects of my medication for sarcoidosis							
18	I have felt worse because of my medication							
19	I have gained weight because of my medication							

SECTION 4: SKIN		A huge amount	Considerable amount	A moderate amount	A modest amount	A small amount	A tiny amount	None at all
In the last 2 weeks...								
20	I have been bothered by my skin problems							
21	I have been concerned about changes in colour of my skin lesions							
In the last 2 weeks...		All of the time	Most of the time	A good bit of the time	Some of the time	A little of the time	Hardly any of the time	None of the time
22	I have been embarrassed about my skin							

SECTION 5: EYES		All of the time	Most of the time	A good bit of the time	Some of the time	A little of the time	Hardly any of the time	None of the time
In the last 2 weeks...								
23	I have had dry eyes							
24	I have had difficulty with bright lights							
25	My eyes have been red							
26	I have had pain in/or around the eyes							
27	I have had difficulty reading							
In the last 2 weeks...		A huge amount	Considerable amount	A moderate amount	A modest amount	A small amount	A tiny amount	None at all
28	I have had blurred vision							
29	I have been worried about my eyesight							

Instructions for Administrating Clinician

- If possible, patients should complete the KSQ online. Phone, tablet or laptop compatible. www.sarcoidosisuk.org/survey
- If using this paper version, each patient should complete all questions by putting one clear mark on each row.
- To then submit their responses, go to www.sarcoidosisuk.org/survey and copy each response into the relevant page on the online survey.
- The respondents score will be displayed on the last page of the survey. If you have consent to do so, instruct the results to be sent to them/you via email.
- If you have any questions, please contact SarcoidosisUK on the details provided.

SarcoidosisUK

SarcoidosisUK is the UK sarcoidosis charity. We provide support and information to anyone affected by sarcoidosis. We also raise awareness and fund research.

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