



[Letter For
Employers](#)

[January Walking
Challenge](#)

[The SarcoidosisUK Patient
Days Hub](#)

[Donate](#)

December Newsletter



Merry Christmas from SarcoidosisUK

Thank you for supporting SarcoidosisUK this year, it truly means so much to us.

We are extremely proud of our important work this year, none of which would have been possible without your support.

We hope you have a happy festive season and wish you all the best for 2022.



SarcoidosisUK's Transition to a CIO

At a Special General Meeting (SGM) held on Monday 13th December, SarcoidosisUK Members voted in favour of the Trustees' proposition to transition from an Unincorporated Charity to a Limited Liability Charitable Incorporated Organisation (CIO). The process of transitioning is expected to take 6 months to complete, with the team starting work towards this in January. As a result of other recommendations from members during the SGM, the charity will also be considering the formation of a Patient Advisory Group and look forward to bringing you more details about this in the New Year. Thank you to everyone for your continued support at what is an exciting time for the charity!

**Defining the Immune Drivers of
Fibrotic Pulmonary Sarcoidosis**

**SarcoidosisUK Research
Announcement!**



Dr Ling-Pei Ho, University of Oxford

Defining the Immune Drivers of Fibrotic Pulmonary Sarcoidosis - SarcoidosisUK Research Announcement!

We are thrilled to announce that our most recent SarcoidosisUK-BLF Sarcoidosis Research grant has been awarded to Dr Ling-Pei Ho at the University of Oxford. The objective of Dr Ho's research is to define the immune correlates of fibrotic pulmonary sarcoidosis, and specifically to examine the contribution of TH17 cells and IL-34 to fibrogenesis in sarcoidosis. The ultimate aim of the study is to find new or better treatments for progressive pulmonary fibrosis which is a

major cause of death in sarcoidosis. Keep an eye on our website and social media in the new year for updates about this exciting new project!

Need to go to work?

Updated advice for you to share with your employers



Letter for Employers

Back in the summer, SarcoidosisUK signed a Letter for Employers to help ensure a safe return to the workspace along with 20 other charities as part of Kidney Care UK's #SafeAtWork initiative.

An updated letter has now been published as people are again asked to work from home wherever possible, protective measures such as face mask wearing are strengthened and the booster programme is broadened and accelerated. We also continue to learn about the potential for reduced vaccine protection among some people who are immunosuppressed due to a health condition or treatment.

Against this backdrop and uncertainty about the Omicron variant, we are urging employers to do all they can to enable employees at higher risk from Covid-19 to work from home. To protect those who cannot work from home, strict adherence by employers to risk reducing measures remains as important as ever.

The following points have been highlighted in the letter:

- Enable working from home wherever possible
- Risk assessments
- Safety best practice
- Reasonable adjustments
- Mental wellbeing support

If you'd like to share the letter with your employer as you have discussions about returning to your place of work, you can download it by clicking the button below.

[Download the #SafeAtWork Letter](#)

Cardiac Sarcoidosis Patient Day

On 17th November 2021, we hosted the first ever Royal Brompton & Harefield Hospitals and SarcoidosisUK Cardiac Sarcoidosis Patient Day. We heard from a fantastic line up of specialists, who delivered two sessions; 'The present and future of RBH-CS service' and 'MDT team approach for diagnosis and management of CS'.

Both sessions are now available to watch back on our website, along with full transcripts for the day!

Head to our SarcoidosisUK Patient Day Hub to watch the videos or catch up on any of our previous patient days.

[Visit the Patient Days Hub](#)

Sign up to our January Walking Challenge!





New year, new you? Step into 2022 the right way with our first walking challenge of the year!

If your New Year's resolution is to be more active, this walking challenge is a great place to start - or if you feel like pushing yourself, you could do a daily run to reach your step goals! The challenge is what you make it, so if you need to set yourself a more manageable target that's fine too! Whatever you are able to do and however much you are able to raise, every pound helps us to continue supporting people affected by sarcoidosis. Sign up to the challenge by clicking the button below.

[Sign up to the Challenge!](#)



Become a Patient or Carer Representative to the Taskforce for Lung Health

The Taskforce for Lung Health, of which SarcoidosisUK are a member, are asking people who have experience of living with a lung condition, or caring for someone with a lung condition, to apply to be a patient or carer representative to help them ensure that their work is shaped by the experience of people with lung disease.

The Taskforce for Lung Health is a collaboration of the largest ever group of organisations and individuals who have come together to improve lung health. This is a very important time for people with lung conditions to be involved in influencing the future of respiratory health services, while working to implement the recommendations set out in the Taskforce five year plan.

This role will sit alongside other members (individual patient and carer representatives as well as organisational members, such as royal colleges, patient charities and professional bodies) to ensure that the experiences of people with lung conditions are at the front of the Taskforce's work.

The commitments are flexible and health dependent, and you will be working with a cross stakeholder group to influence healthcare policy, receiving support and training from the Taskforce and peer support from other Taskforce patient and carer representatives.

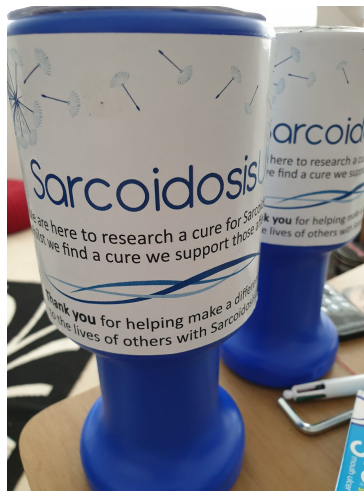
The applications will open in the new year. If you would like to register your interest and be notified when applications open, or if you have any questions, please email taskforce@auk-blf.org.uk.



12 Days of Christmas

This year saw the return of our 12 Days of SarcoidosisUK Christmas Challenge! From the 1st-12th of December we challenged you to take on small daily activities to help make a difference - from making purchases in our shop to spreading the word about sarcoidosis, we loved seeing everyone get involved. Special congratulations to Sue Davies, who won a Christmas Hamper in our prize giveaway as part of the challenge! We're so grateful to everyone that took part

and helped us spread some Christmas cheer whilst raising awareness of sarcoidosis - thank you!



Support SarcoidosisUK

Please consider [donating](#) to support our work funding research into a cure and providing services to sarcoidosis patients. We need your support to continue the work we do.

[Donate](#)

SarcoidosisUK
214 China Works
100 Black Prince Road
London SE1 7SJ
info@sarcoidosisuk.org
www.sarcoidosisuk.org



SarcoidosisUK is a registered charity
Charity Number 1063986

This email was sent to {{ contact.EMAIL }}.
You received this email because you are registered with SarcoidosisUK.
[We hope you like our newsletters. If you don't, simply unsubscribe here.](#)

© 2020 SarcoidosisUK