



December Newsletter



Our 2023 Highlights

It truly has been a wonderful year for us as a charity, and we want to take this opportunity to thank you all for your support throughout the year. We would not be able to help people with sarcoidosis without you - we are so lucky to have your invaluable support.

Here are some of our 2023 highlights:

- We held two successful Patient Days
- April saw our biggest Sarcoidosis Awareness Month yet
- We collaborated with the Royal College of GPs to create a free sarcoidosis training module
- Our Nurse Helpline reached a milestone of 3000 calls made
- Our support groups continued to provide invaluable support and two new groups were set up in the North West and Sheffield
- We attended conferences such as the BTS Winter Meeting, WASOG and ERS Congress
- We worked with Independent Assessment Services and Capita to develop training for PIP Assessors

We wish you a Merry Christmas and a Happy New Year!



Clinical Trials in Sarcoidosis

Clinical Trials in Sarcoidosis

For many years there has been little interest and research into sarcoidosis by pharmaceutical companies. That is now changing. New clinical trials specifically designed for sarcoidosis are taking place in the UK as well as USA and other countries.

If you would like to find out more about sarcoidosis clinical trials actively recruiting in the UK, please click the button below.

[Find Out More Here](#)

Read the December Sarcoidosis Story

For this month's Sarcoidosis Story, we're sharing the powerful journey of one of our wonderful Nurse Helpline

SARCOIDOSIS STORIES



December

nurses, Rachel. She spoke with us about her experience of living with sarcoidosis and how it has affected her.

“I now work on the Helpline alongside Jo and Jenny, so that I can support others going through the challenges of sarcoidosis. I find that I can share my experiences to encourage others and help make sure people with sarcoidosis do not feel so alone with it being a rare disease.” – Rachel Summers

At SarcoidosisUK, we're committed to raising awareness about this disease and supporting those affected by it. If you or someone you know has been impacted by sarcoidosis, we encourage you to share your story with us. If you'd like to share your sarcoidosis story too, please get in touch with our Charity Ambassador Kemi on kemi@sarcoidosisuk.org.

We hope Rachel's story helps to raise awareness about this disease. Click the button below to read her story.

[Read Rachel's Story](#)



Thank You to Our Fundraisers!

SarcoidosisUK would like to say a HUGE thank you to our exceptional fundraisers this month! Their unwavering dedication to both raising funds and spreading awareness for SarcoidosisUK is truly amazing. Jessie took on the freezing cold and muddy Grim Challenge in support of a close family friend, raising over £300!

We would like to thank all of our amazing fundraisers this year, all of you have gone above and beyond to support us. As a small charity, every fundraiser truly makes such a big impact and we're incredibly proud!

Looking for a challenge for 2024? Please don't hesitate to reach out to Eva at eva@sarcoidosisuk.org for fundraising support or check out our fundraising page below for inspiration - we can't wait to hear from you!

[Fundraise for SarcoidosisUK](#)



SarcoidosisUK's 2024 Fundraising Guide

We are excited to announce our new Fundraising Guide! Click below to download our guide today to see our top tips, meet some of our fundraisers from this year, and to see some of our featured events coming up in the New Year.

[See Our Fundraising Guide Here](#)

12 Days of Christmas

This month, our annual 12 Days of Christmas Advent Calendar was back! We shared daily posts and we would like to thank you all for engaging with these and helping us raise awareness for sarcoidosis this holiday season! Click below to see our 12 Christmas posts, from



our GP Cards to a message from Sue, our Executive Chairperson!

SarcoidosisUK Upcoming Support Group Meetings

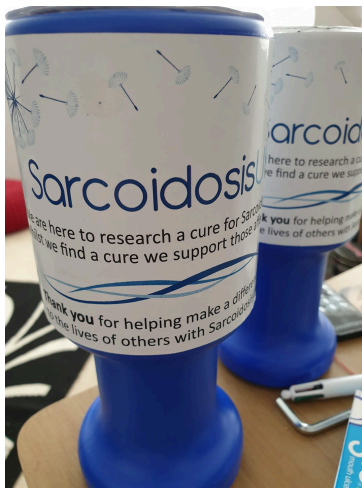


Upcoming Support Group Meetings

Please see below for the dates of our upcoming support group meetings. If you would like to attend, please get in touch with Leo on leo@sarcoidosisuk.org who will put you in touch with your local group. Anyone affected by sarcoidosis is welcome - so come along and join us!

- London Group Meeting – 9th January 7pm (Virtual)
- North West Group Meeting – 16th January 6:30pm (Virtual)
- Bristol Group Meeting – 16th January 7:30pm (Virtual)
- Sheffield Group Meeting – 15th February 1:30pm (In-person)
- Scotland (Glasgow) Group Meeting – 20th February 6pm (In-person)

[Find out More About our Support Groups](#)



Support SarcoidosisUK

Please consider [donating](#) to support our work funding research into a cure and providing services to sarcoidosis patients. We need your support to continue the work we do.

Every donation will help make a difference to SarcoidosisUK and ensure that we can continue to support people affected by sarcoidosis. Make your donation by clicking the button below!

[Donate](#)

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