



February Newsletter

**WE'RE SUPPORTING
RARE DISEASE DAY
28 FEBRUARY 2023**
#RAREDISEASEDAY RAREDISEASEDAY.ORG



Today is Rare Disease Day!

We were honored to support Rare Disease Day by highlighting the need for coordinated care for those with rare diseases via a Twitter Takeover with Genetic Alliance UK. We shared key statistics and quotes from our supporters to show just how important receiving coordinated care can be. Head over to our [Twitter page](#) to read this information.

We also shared a video from our Charity Ambassador Kemi who filmed 'A Day in the Life of a Neurosarcoidosis Patient'. You can watch Kemi's video by clicking the button below.

[Watch Kemi's Video](#)



Sarcoidosis Patient Day - Save the Date!

The annual SarcoidosisUK and Royal Brompton & Harefield Hospitals 'Sarcoidosis Patient Day' will be taking place on the 27th April 2023.

Following the success of our Patient Day last April, we look forward to another fantastic event filled with patient-centered talks from leading specialists as well as hearing from sarcoidosis patients about their experiences.

We'll also be celebrating Sarcoidosis Awareness Month in April with lots of opportunities to get involved and raise awareness.

Keep an eye on our social media pages and newsletters for more updates coming soon!

Vote for SarcoidosisUK on MyGivingCircle

We're now within the top 100 UK & Irish charities thanks to your help!

Please continue to vote for us weekly to help us be in with a chance of winning a grant. You can vote for free or make a



donation; MyGivingCircle adds an extra vote for every £1. Thank you!

[Vote for SarcoidosisUK on MyGivingCircle](#)



Read our February Sarcoidosis Story

Our February Sarcoidosis Story is from one of our supporters, Lady Kondo. She spoke with us about her sarcoidosis journey and how it has affected her. Click the button below to read Lady Kondo's powerful patient story.

If you'd like to share your sarcoidosis story too, please get in touch with our Charity Ambassador Kemi on kemi@sarcoidosisuk.org.

[Read Lady Kondo's Sarcoidosis Story](#)



Helplines Awareness Day

This month we celebrated Helplines Awareness Day and the amazing work of our 3 dedicated nurses who run the SarcoidosisUK Nurse Helpline. They provide invaluable information and support to those affected by sarcoidosis, making a real difference to those who call.

Click [here](#) to find out more about our helpline or schedule a call.

Keeping this service running is vital for those affected by sarcoidosis. Please also consider supporting our Nurse Helpline fundraiser by clicking the button below and help us continue to make a difference.

[Help us Fund our Nurse Helpline](#)



Help us Design a Logo for Sarcoidosis Awareness Month

Competition time!

With Sarcoidosis Awareness Month approaching fast, we need your help to design a logo that can be the feature of the month! This logo will feature on our posts and help us to spread awareness of sarcoidosis this April. All we ask is that the logo incorporates a dandelion!

The winner's logo will be used to help promote Sarcoidosis Awareness Month and the winner will receive a voucher for the SarcoidosisUK Shop.

We will be accepting submissions until the 15th March, and the winner will be announced at the end of March. Please submit your designs by emailing them to info@sarcoidosisuk.org.

Unfortunately, we cannot accept drawings for the logo so this will have to be a digital graphic. We can't wait to see what you come up with!



Ride London-Essex 100

Take part in the Ford RideLondon-Essex 100 on Sunday 28th May 2023 - the BEST cycling event of the year!

With a unique 100-mile course on traffic-free roads that will start and finish in central London and feature a loop of stunning Essex countryside in between, this is an event you don't want to miss!

We only have 7 places available - email brogan@sarcoidosisuk.org for the chance to be part of an amazing event!



Support SarcoidosisUK with easyfundraising!

AmazonSmile closed earlier this month, but don't worry - we've got a great alternative way for you to support our charity when shopping online!

We're registered with easyfundraising, which means over 7,000 brands, including Amazon, will donate to us for FREE every time you use easyfundraising to shop with them.

These donations will help make a big difference, so please sign up to support us – it's completely FREE and doesn't take long.

[Support us on easyfundraising](#)

Upcoming Support Group Meetings

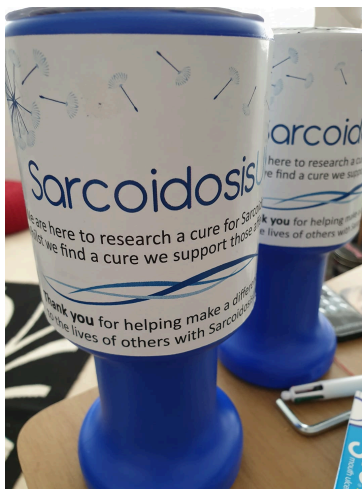
Please see below for the dates of our upcoming support group meetings. If you would like to attend, please get in touch with Leo on leo@sarcoidosisuk.org who will put you in touch with your local group. Anyone affected by sarcoidosis is welcome - so come along and join us!

- 28th February 6.30pm - Hertfordshire Group Meeting (Virtual)
- 15th March 7pm - London Group Meeting (Virtual)



- 21st March 7.30pm - Bristol Group Meeting (Virtual)
- 2nd April 1pm - Burton Group Meeting (In-person)

Find out More About our Support Groups



Support SarcoidosisUK

Please consider [donating](#) to support our work funding research into a cure and providing services to sarcoidosis patients. We need your support to continue the work we do.

Every donation will help make a difference to SarcoidosisUK and ensure that we can continue to support people affected by sarcoidosis. Make your donation by clicking the button below!

Donate

SarcoidosisUK
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