



[COVID-19 Vaccines
FAQ](#)

[Chairperson's
Report](#)

[Fundraising
Guide](#)

[Donate](#)

January Newsletter



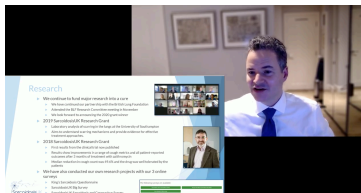
SarcoidosisUK Vaccines Statement and FAQ page

With the help of the [SarcoidosisUK Clinical Board](#), we have created a [COVID-19 vaccines FAQ page](#), which answers questions that have been put to us by sarcoidosis patients.

If you would like to suggest a question for the FAQ, please fill in the form at the bottom of the page as we will be updating the page regularly.

We have also updated the [SarcoidosisUK vaccines statement](#) to include all three of the approved COVID-19 vaccines in the UK.

[Read the COVID-19 Vaccines FAQ](#)



SarcoidosisUK Chairperson's Report

On the 11th January, we met with SarcoidosisUK members for our Annual General Meeting. SarcoidosisUK Chairperson, Henry Shelford also shared his [Chairperson's Report](#) live from the AGM, in which he shared some of the charity's achievements from the last year.

If you would like to attend and vote at the next AGM, [become a SarcoidosisUK member](#) today!

[Watch the Chairperson's Report](#)

In memory of Kamaljit Kaur Marwah

Kamaljit Kaur Marwah was a long-term sufferer from sarcoidosis of the lungs, eyes and brain. Her family had never heard of this disease until she was finally diagnosed.

"Our mum passed away at the young age of 65. Anyone

In memory of Kamaljit Kaur Marwah



that knew her, knew how strong she was and how much she suffered in life. Despite the challenges she faced, she took everything in her stride with a massive smile on her face. She would light up any room and spread love everywhere she went. We all want to continue her legacy."

Kamaljit's family are raising funds for SarcoidosisUK in her memory. To show your support, please donate whatever you can through their [JustGiving page](#).

All funds that are committed to research are doubled through our partnership with the BLF, so donations are worth even more!

Support Kamaljit's In Memoriam Fundraiser



Our Brand New Fundraising Guide for 2021!

The brand new [SarcoidosisUK 2021 Fundraising Guide](#) is here! After a challenging year with the events we relied on being cancelled, your fundraising efforts are more important than ever. With some uncertainty as to what the future holds, we've made sure that the tips and information included in this guide can be adapted depending on the nature of your fundraiser. Click [here](#) to download the guide and start your fundraising journey today!

Download the 2021 Fundraising Guide



SarcoidosisUK Fundraising Events for 2021

There are loads of ways that you can get involved with events to support SarcoidosisUK. From running a marathon to doing a sponsored swim – we have something for people of all abilities, plus exciting virtual challenges too! Take a look at our [updated list of events](#) for 2021, including our new 'Run Local' feature that lets you find a running event close to home.

If you are interested in fundraising for SarcoidosisUK, please get in touch with Charlene, our Marketing and Fundraising Executive at charlene@sarcoidosisuk.org

Find Out More About SarcoidosisUK Events



Join Our Next Live Q&A About COVID-19 Vaccines

On Wednesday 3rd February at 4pm, SarcoidosisUK Chairperson, Henry Shelford will be hosting our second Q&A about COVID-19 vaccines. We will be joined by bioengineer Dr Anna Blakney, who will answer questions that have been sent to us by sarcoidosis patients about the COVID-19 vaccines.

Join us live for the Q&A on [Facebook](#), [Twitter](#) or [YouTube](#).



Misdiagnosis of Sarcoidosis

SarcoidosisUK Patient Ambassador Jacqui was recently interviewed by medical journal The Lancet, for an article about the misdiagnosis of sarcoidosis. You can read the article [here](#).

The article highlights problems in diagnosis of sarcoidosis for doctors and patients alike and the importance of the definitive biopsy.

[Read Jacqui's Interview](#)



Sarcoidosis January Research Highlights

Click the links below to read our sarcoidosis research highlights for the month of January.

[European Respiratory Journal - Monocytes in sarcoidosis are potent TNF producers and predict disease outcome](#)

[BMJ Journals - Persistent sore throat and sleep apnoea: an unusual presentation of sarcoidosis](#)

[Wiley Online Library - Infection risk in sarcoidosis patients treated with methotrexate compared to azathioprine](#)

[Anatolian Journal of Cardiology - Pulmonary hypertension in patients with sarcoidosis: A single-center experience](#)



Meet the SarcoidosisUK Volunteer

We are so grateful to our incredible volunteers who dedicate their time to supporting people with sarcoidosis. We could not do our important work without them!

Read below to meet Ian, one of our amazing volunteers.

"Hello, my name is Ian and I'm a relatively new moderator on our [Facebook group](#). I am 53 years old and I was diagnosed with sarcoidosis in 2014.

I live with my partner of 20 years, Ken and we have two children aged 24 and 20. Our

children are now successfully creating their new homes and we are left with three golden retrievers!

I was brought up in what we would now term an "area of educational deprivation" and it was a battle to achieve my childhood dream of becoming a doctor. Ultimately I achieved this by qualifying in Pharmacy first. At the end of my career I was a GP Partner, GP Examiner and Medical School Clinical Tutor.

My sarcoidosis journey started as a 'stroke' whilst seeing patients. Like many of us, my sarcoid journey has not always been the best, even with me being part of the medical profession. My sarcoid affects my lungs, joints, peripheral nerves and brain. When I eventually reached The Brompton my treatment improved, although it still took several years for my neurosarcoidosis to be diagnosed.

My sarcoidosis presented in part as a "dementing process" and I had to relinquish my medical registration. As you can imagine, this was a bitter blow and at the same time my relationship was under incredible strain. I am lucky that my partner, family and friends are very supportive.

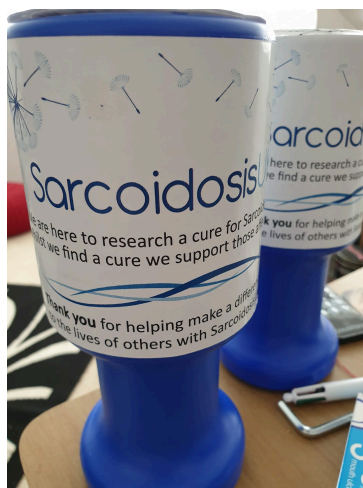
I have been helped by Acceptance and Commitment Therapy and I am relearning some long lost pleasures including reading, cooking and walking. I also support my local hospice as a Medical Governor.

As well as supporting you all, I am well placed to help SarcoidosisUK improve GP Education around sarcoidosis.

Thank you,

Ian."

[Join The SarcoidosisUK Facebook Group](#)



Support SarcoidosisUK

Please consider [donating](#) or [becoming a member](#) to support our work funding research into a cure and providing services to sarcoidosis patients. We need your support to continue the work we do.

[Donate](#)

SarcoidosisUK
214 China Works
100 Black Prince Road
London SE1 7SJ
info@sarcoidosisuk.org
www.sarcoidosisuk.org



SarcoidosisUK is a registered charity
Charity Number 1063986

This email was sent to {{ contact.EMAIL }}.
You received this email because you are registered with SarcoidosisUK.

[We hope you like our newsletters. If you don't, simply unsubscribe here.](#)

