



March Newsletter



Sarcoidosis Awareness Month 2023

Tomorrow marks the start of Sarcoidosis Awareness Month 2023. This year, one of our aims is to raise awareness amongst GPs and we can't wait to share the details of our exciting new project with you! Keep an eye out for an email from us tomorrow for more information about this project and how you can help us spread the word. Together, we can make a difference!



Registrations for our Sarcoidosis Patient Day in April are now OPEN!

The annual SarcoidosisUK and Royal Brompton & Harefield Hospitals 'Sarcoidosis Patient Day' will be taking place on the 27th April 2023. Registration is now open for this exciting event!

We will hear from a variety of leading sarcoidosis specialists on a range of topics, with 5 different patient-centred sessions. This year there is a big focus on patient involvement with lots of time dedicated to questions and a patient chair for each session. You can submit your questions for the event [here](#).

As always, the event will be recorded but it's best to join live if you want the opportunity to engage with some of the country's leading specialists.

Click the button below to see the programme and register. Once you've registered for the event you will receive a confirmation email that includes the link to join on the day. We look forward to seeing you there!

[Find out More and Register](#)

Dandelion 250 Challenge

The Dandelion 250 Challenge begins tomorrow! If you haven't signed up yet, there's still time to be a part of this exciting challenge.



Our office team at SarcoidosisUK is also participating in the challenge, visiting 250 London landmarks. So, you won't be alone in completing your own challenge and you'll have plenty of support along the way.

If you need any assistance or inspiration for your challenge, please don't hesitate to reach out to brogan@sarcoidosisuk.org

Take on the Challenge!



Read the March Sarcoidosis Story

Our March Sarcoidosis Story is from one of our supporters, Laura. She spoke with us about her sarcoidosis journey and how it has affected her. Click the button below to read Laura's powerful patient story.

If you'd like to share your sarcoidosis story too, please get in touch with our Charity Ambassador Kemi on kemi@sarcoidosisuk.org.

Read Laura's Story



Continued Protection of Immunocompromised Patients Letter

Earlier this month, SarcoidosisUK signed Evusheld for the UK's letter to the Prime Minister, urging him to ensure that policies are put in place to protect those who remain vulnerable to COVID-19. The letter calls on the UK Government to prioritise the development and implementation of protective drugs and treatments, ensure better communication with patients, and appoint a minister with specific responsibility for the clinically vulnerable and immunocompromised. It also urges the government to reverse the decision to suspend the ONS COVID-19 Survey Data publication and ensure immunocompromised household members are included as eligible for the spring COVID-19 vaccine booster programme.

Read the Letter



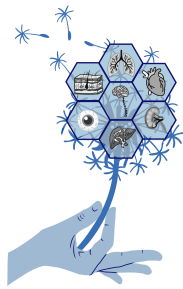
Snapshots of Joy Photo Wall

We're excited to launch our Snapshots of Joy photo wall!

This Sarcoidosis Awareness Month share a snapshot of something that brings you joy - a stunning natural setting, your favourite hobby, a person who makes you smile - and make a donation to enable us to continue supporting those affected by sarcoidosis. Your snapshot will be added to our collective photo wall, which we'll proudly showcase at the end of the month.

Click the button below to share what brings you joy!

Visit the Photo Wall



Awareness Month Logo Competition Winner!

We are pleased to announce the winning logo entry for Sarcoidosis Awareness Month - Congratulations Evi!

"I have incorporated the dandelion as specified, but then I wanted to represent as many of the different forms of sarcoidosis as possible. I have managed to represent cardiac, pulmonary, skin, ocular, neuro, hepatic and renal. They are all separated but also connected with the dandelion as they all have different signs and symptoms (and can cause different suffering) but multiples of this can be present in one person. The hand holding the dandelion represents the support the SarcoidosisUK charity offers those suffering from this disease and the connection it can provide people (as suffering from this illness can be isolating). This charity helps bring us together so we have support and understanding that we may not necessarily get from others in our lives."

A big thank you to everyone who submitted a logo, some of these are available on our [Photo Wall](#) so please go and take a look at these amazing entries!



Ride London

Join us for the Ford RideLondon-Essex 100, the ultimate cycling event of the year, on Sunday 28th May 2023! With an exceptional 100-mile route on traffic-free roads, starting and ending in the heart of London, and a picturesque loop through the stunning Essex countryside, this is an event that you simply cannot miss.

Hurry and secure your spot, as we only have a few left! For your chance to be part of this incredible experience, please send an email to brogan@sarcoidosisuk.org.

SarcoidosisUK Upcoming
Support Group Meetings



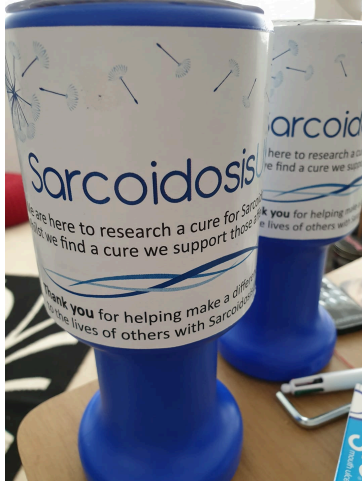
Upcoming Support Group Meetings

Please see below for the dates of our upcoming support group meetings. If you would like to attend, please get in touch with Leo on leo@sarcoidosisuk.org who will put you in touch with your local group. Anyone affected by sarcoidosis is welcome - so come along and join us!

- 2nd April 1pm - Burton Group Meeting (In-person)
- 11th April 6.30pm - Hertfordshire Group Meeting (Virtual)
- 12th April 7pm - London Group Meeting (Virtual)
- 22nd April 2pm - East Anglia Group Meeting (In-person)
- 17th April 6pm - Berkshire Group Meeting (Virtual)
- 23rd April 11am - London Group trip to Kew Gardens

[Find out More About our Support Groups](#)

Support SarcoidosisUK



Please consider [donating](#) to support our work funding research into a cure and providing services to sarcoidosis patients. We need your support to continue the work we do.

Every donation will help make a difference to SarcoidosisUK and ensure that we can continue to support people affected by sarcoidosis. Make your donation by clicking the button below!

[Donate](#)

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