



March Newsletter



Next month is Sarcoidosis Awareness Month!

April is Sarcoidosis Awareness Month and it's an opportunity for us to shout about sarcoidosis, the work we do, and our supporters.

Check out the exciting things we have planned!



Sarcoidosis Awareness Month Challenge

This year, we're asking you to take on a Blue Challenge this month to help raise awareness and vital funds for sarcoidosis. This could be dressing in blue and taking on an active challenge, baking all blue cakes for a bake sale, or asking your family, friends or colleagues to wear blue for a day in exchange for a donation (you could even have a competition for the most stylish in blue!).

Click the button below for more inspiration, resources and information on how to sign up. We can't wait to see what you come up with!

[Find out how to Go Blue for Sarcoidosis](#)

SARCOIDOSIS AWARENESS MONTH



Buildings across the UK are shining a light on sarcoidosis!

This year we have been asking buildings and landmarks across the country to light up in blue to shine a light on sarcoidosis. Throughout the month, we have over 40 locations across the UK lighting up to show their support for everyone affected by sarcoidosis!

If your local landmark is lighting up, we would love to see any pictures you take so remember to tag us or send us your photos!

[See which locations are Going Blue](#)



Keep an eye out for special announcements...

The team at SarcoidosisUK have been working behind the scenes on lots of very exciting projects.

We are going to be announcing these throughout Awareness Month, so keep an eye on our socials to stay up to date!



The office team take on the Victoria line

The SarcoidosisUK office team will be walking the length of the (blue) Victoria Tube Line on Friday 12th April. We'll be taking pictures at each tube station along the way, and will post live updates to our Instagram page on the day, so make sure to keep an eye out to see how we get on!

We're excited but definitely nervous and have our fingers crossed for good weather (we might have to invest in some blue raincoats!).

In other news...



Thank you to our amazing fundraisers!

SarcoidosisUK would like to say a huge thank you to the following March fundraisers;

- Matthew, who ran the Barcelona Marathon in support of his Mum
- Justin, who completed his journey to the Rome Marathon, in memory of his Uncle Tim
- Jennifer, who took on the Supernova Kelpies Run in support of her partner

As a small charity, fundraisers make such a big difference to the work we're able to do. If you've been inspired to take on a challenge of your own, please email our Marketing and Fundraising executive Eva on eva@sarcoidosisuk.org or sign up to our awareness month fundraiser today!

Want more ideas? Click [here](#) to get inspired!

Sign up to Go Blue



Read the March Sarcoidosis Story

For this month's Sarcoidosis Story, we're sharing the powerful journey of one of our new trustees, Dawn. She spoke with us about her experience of living with sarcoidosis and how it has affected her.

"I have found SarcoidosisUK a great support - during the pandemic, the patient days, the information for the employers, the understanding that it is different for every person and just making me feel less lonely." – Dawn Clements

At SarcoidosisUK, we're committed to raising awareness about this disease and supporting those affected by it. If you or someone you know has been impacted by sarcoidosis, we encourage you to share your story with us. If you'd like to share your sarcoidosis story too, please get in touch with our Charity Ambassador Kemi on kemi@sarcoidosisuk.org.

We hope Dawn's story helps to raise awareness about this disease. Click the button below to read her story.

Read Dawn's Story



New clinical trial sites have been added!

For many years there has been little interest and research into sarcoidosis by pharmaceutical companies. That is now changing! New clinical trials specifically designed for sarcoidosis are taking place in the UK as well as USA and other countries. Some of the UK clinical trials have had new investigation sites added.

Find out more about sarcoidosis clinical trials actively recruiting in the UK by clicking the button below.

Find out more about Clinical Trials

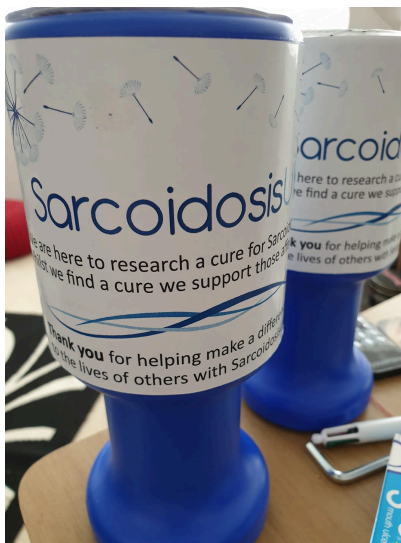


Upcoming Support Group Meetings

Please see below for the dates of our upcoming support group meetings. If you would like to attend, please get in touch with Leo on leo@sarcoidosisuk.org who will put you in touch with your local group. Anyone affected by sarcoidosis is welcome - so come along and join us!

- Scotland (Glasgow) Group Meeting - 16th April 6pm (In-person)
- Bristol Group Meeting - 16th April 7:30pm (Virtual)
- North West Group Meeting - 23rd April 6:30pm (Virtual)
- Sheffield Group Meeting - 16th May 7pm (In-person)
- East Anglia Group Meeting - 18th May 1pm
- Bristol Group Meeting - 21st May 7:30pm

[Find out more about our Support Groups](#)



Support SarcoidosisUK

Please consider [donating](#) to support our work funding research into a cure and providing services to sarcoidosis patients. We need your support to continue the work we do.

Every donation will help make a difference to SarcoidosisUK and ensure that we can continue to support people affected by sarcoidosis. Make your donation by clicking the button below!

[Donate](#)



SarcoidosisUK

214 China Works, 100 Black Prince Road, London, SE1 7SJ

info@sarcoidosisuk.org

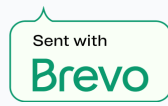
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