



November Newsletter



Giving Tuesday

Yesterday we launched our Giving Tuesday Fundraising Campaign!

We're asking you to help us fund our SarcoidosisUK Nurse Helpline for a year by raising £10,000.

The SarcoidosisUK Nurse Helpline is a free, invaluable resource to all sarcoidosis patients, their families and carers - our goal is to keep this service running and to support as many people as possible.

Together we can help make a difference to the lives of people affected by sarcoidosis 

[Support the SarcoidosisUK Nurse Helpline](#)



SarcoidosisUK Christmas Cards

❄️ We now have a range of Christmas Cards available on the [SarcoidosisUK Shop](#)! ❄️

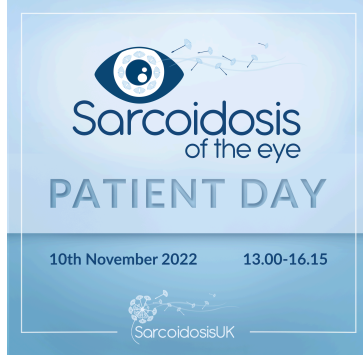
The bespoke Christmas card for 2022 was designed by Sue Kenworthy and we also have two other designs available to purchase! These are a fantastic way to spread Christmas cheer and sarcoidosis awareness among those closest to you, whilst also supporting the charity.

The 2022 Christmas card design comes in packs of 10 for £5.50 each, the alternative designs come in packs of 12 for £4 each and there's free shipping when you buy 3 or more packs!

All purchases made in the SarcoidosisUK Shop are considered donations and enable us to continue our vital work.

[Purchase your SarcoidosisUK Christmas Cards](#)

Sarcoidosis of the Eye Patient Day Recordings and Transcripts



On 10th November 2022, we hosted our first ever Sarcoidosis of the Eye Patient Day. We welcomed Mark Westcott, Dr Tarunya Arun, Dr Tas Braithwaite and Professor Carlos Pavesio who gave fantastic patient-centred talks about sarcoidosis affecting the eyes.

If you missed any of the talks, or would like to watch them again, recordings and transcripts of the event are now available on the [SarcoidosisUK Patient Day Hub](#).

[Watch the Patient Day Recordings](#)



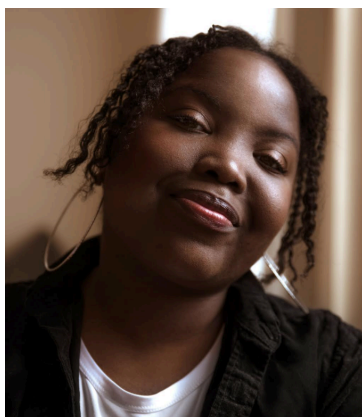
12 Miles of Christmas

Get in the festive mood by being part of The 12 Miles of Christmas fundraiser! 🎄

Starting on 1st December, you have until Christmas Day to complete your 12 miles in any number of festive ways.

You can get The 12 Miles of Christmas done by chucking on a Christmas jumper, getting out for a walk, delivering cards, or even shopping for last-minute presents - the choice is yours!

[Register and Find Out More](#)



Meet Kemi - SarcoidosisUK Charity Ambassador

We are delighted to welcome Kemi Sulola as our Charity Ambassador!

Kemi is a singer songwriter and artist. She was diagnosed with Neurosarcoidosis in 2018. Since then, she has used her music to fundraise for the charity and has her own healing page called, 'Everything is Healing' to share her story and experiences.

Kemi is passionate about encouraging people to do what they love despite any health issues and as a SarcoidosisUK Ambassador she endeavours to share the diverse and unique stories of other sarcoidosis patients to bring greater awareness of the condition.

If you are interested in sharing your experiences with other sarcoidosis patients, please reach out to Kemi on kemi@sarcoidosisuk.org.

[Watch Kemi's Video](#)

Upcoming SarcoidosisUK Support Group Meetings

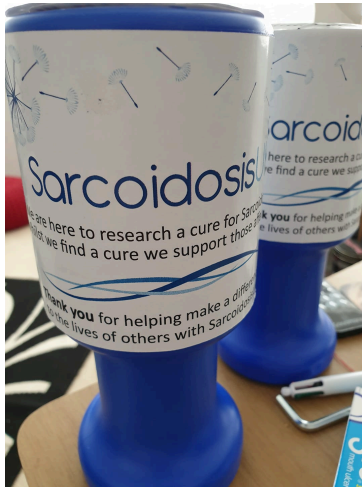
Please see below for the dates of our upcoming support group meetings. If you would like to attend, please get in touch with Leo on leo@sarcoidosisuk.org who will put you in touch with your local group. Anyone affected by sarcoidosis is welcome - so come along and join us!

- 7th December 7pm – London Group Meeting



- 11th December 1pm - Burton Group Meeting
- 20th December 7.30pm – Bristol Group Meeting

Find Out More About SarcoidosisUK Support
Groups



Support SarcoidosisUK

Please consider [donating](#) to support our work funding research into a cure and providing services to sarcoidosis patients. We need your support to continue the work we do.

Every donation will help make a difference to SarcoidosisUK and ensure that we can continue to support people affected by sarcoidosis. Make your donation by clicking the button below!

Donate

SarcoidosisUK
214 China Works
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London SE1 7SJ
info@sarcoidosisuk.org
www.sarcoidosisuk.org



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Charity Number 1063986

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