

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31st December 2023
for
SarcoidosisUK

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for the Year Ended 31st December 2023

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The trustees present their report with the financial statements of the charity for the year ended 31st December 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Trustee recruitment

In 2023 we recruited new trustees by way of public advertisement for the roles, looking for specific skills in research and medical science, digital marketing and fund raising. We were delighted to welcome Roma Armstrong, Dawn Clements, Dawn Farrar and Emily Sturdy to our board meetings. They are actively involved with developing our activities and systems, and supporting us to grow, and we propose that they are formally appointed as trustees.

Staff changes

After four years with us, Leo Casimo decided to broaden his charity expertise and is planning further study as well as taking on a senior role elsewhere. He remains with us one day per week as Senior Advisor until September 2024, and is supporting the handover to the new Senior Executive Graham Bloye who joined us in April 2024. Eva Gregory took on the role of Marketing & Fund Raising Executive following Brogan Fricker's departure and Mary Stratton joined us in July 2023

OBJECTIVES AND ACTIVITIES

Objectives and aims

SarcoidosisUK has four goals:

1. **Information:** We provide accurate and detailed information to people with sarcoidosis, their carers, healthcare professionals and anyone else personally or professionally affected by sarcoidosis.
2. **Support:** We provide confidential support to anyone affected by sarcoidosis in the UK.
3. **Research:** We raise funds and invest them into medical research focussed directly on finding a cure for sarcoidosis.
4. **Awareness:** We recognise the lack of understanding and awareness from both the medical profession and the general public regarding sarcoidosis. We aim to raise awareness through everything we do.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

We undertake a wide variety of activities to ensure we support our community effectively, to raise awareness of sarcoidosis and to represent the voice of those affected by sarcoidosis. We are very grateful for the support of our fundraisers, donors, volunteers, ambassadors and staff and we look forward to continuing to make a difference for people with sarcoidosis in 2024.

Support Groups

Support groups meet online or in person and are intended to be a safe place for local group members to share knowledge, concerns and vulnerabilities. We have 20 support groups operating across the UK. Our thanks go to the volunteers who co-ordinate and lead the support groups, sharing their own experiences and providing a welcoming environment.

Nurse Helpline

By the end of 2023, the nurse helpline had supported over 3,200 callers. Callers gave very positive feedback to the Helpline, with 97% reporting the helpline as 'Fantastic' or 'Pretty Good'.

The nurse helpline is an essential part of the support that we offer. We are extremely grateful to our nurses Jo, Jenny and Rachel for their tireless efforts in providing a vital source of support to our callers.

Some recent testimonials about the nurse helpline:

"Highly recommend taking advantage of this amazing service and support. The nurse I spoke with was knowledgeable, patient and kind - I felt very comfortable talking to her and she really put me at ease after recently being diagnosed as it was a very scary time and I had a million questions!"

"Fantastic support and really reassuring when there is so little understanding in the general medical community to have someone who truly understands the difficulties associated with the disease and its complications."

"Since talking to the nurse I am now going to approach my GP to ask for a specialist approval and I thank the nurse for giving me the information to be able to do this. This service is important as I felt alone not being able to talk to someone who actually understood."

Royal College of General Practitioners training module

The e-learning module developed in association with the RCGP launched in April 2023. The aim is to provide GPs with the knowledge to identify and manage patients with sarcoidosis. The module provides information on investigations, referral pathways, and possible complications. It includes real-life case studies of typical and non-specific presentations of sarcoidosis to highlight the systemic nature of the condition.

The module was free to access for six months for all healthcare professional and remains available as an online resource to members of the RCGP.

Patient Days

We continued with our virtual patient days in 2023 and hosted two separate events.

On 27th April, we hosted our annual Sarcoidosis Patient Day with The Royal Brompton & Harefield Hospitals. Topics covered included treatment options, involvement of heart and nervous system and challenges in management and diagnosis.

Report of the Trustees
for the Year Ended 31st December 2023

On 23rd September 2023 we hosted a Neurosarcoidosis Patient Day which focused on management of this challenging condition.

Our Patient Days are an important opportunity for sarcoidosis patients to learn directly from senior and experienced consultants and have their own questions answered. We are very grateful to the network of consultants who volunteer their time to present at these events. The recordings and transcripts from these events are made available on the Patient Day Hub on our website.

Personal Independence Payment (PIP) Condition Insight Report

We worked with two organisations who are contracted by DWP to provide PIP assessments, to help assessors understand the potential impact of sarcoidosis on claimants.

Research grants

Jointly with Asthma + Lung UK (formerly the British Lung Foundation) we funded research projects which started in 2019 and 2021. Both projects have reported on progress.

Our 2021 grant to Professor Ling-Pei Ho supported investigation into the development of lung fibrosis in some sarcoidosis patients. Professor Ho and her team are using bioinformatics to analyse the types of cells present in fibrosis. The team will characterise the profile of immune cells to determine which are involved in promoting lung scarring. They will strengthen the findings from their genomic studies with the aim of providing a robust platform from which to investigate potential new treatments in these patients.

The 2019 study has completed and the report was published very recently. Professor Mark Jones and his team at Southampton concluded that long term steroid use may promote fibrosis in some patients with Sarcoidosis. They have developed a scar tissue model which they hope will be of relevance to further pre-clinical trials.

Both research projects raised matters for further investigation, and both developed models which could be used in future clinical trials.

National and International Advocacy

We were invited to join the Lung Research and Innovation Group (LRIG) which is a partnership between charities, healthcare professionals, NHS, pharmaceutical companies and innovation funds to look at ways to improve lung health in the UK. We are part of a call for a bigger share of overall health and research funding to go towards reducing the adverse impact of lung disease.

We are also part of the One Voice ILD group. In April 2024 the group launched a plan for the development of an Interstitial Lung Disease Care Pathway. The aim is to tackle the inconsistent and often drawn-out journey to diagnosis and treatment for those affected by ILD such as Pulmonary Fibrosis and Sarcoidosis.

We are represented on the European Lung Foundation Patient Advisory Committee and Sarcoidosis Patient Advisory Group. We are also a member of the Taskforce for Lung Health and the BTS Registry Steering Group.

ACHIEVEMENT AND PERFORMANCE

Fundraising activities

Newsletter, Facebook Groups and Social Media

Our newsletter each month provides a roundup of recent activities and links to information. We also highlight personal stories and celebrate our fund raisers. Over 5,700 have elected to receive our newsletter.

SarcoidosisUK's Facebook groups are an important source of support and information sharing and have continued to grow. There are now 7,600 members in the main SarcoidosisUK Facebook group. This is our most active forum for members to share their experiences, to support each other and to provide feedback to SarcoidosisUK.

We also share news and charity updates on X (Twitter) and Instagram and those platforms provide an opportunity for people to engage with other followers. In 2023 our social media following continued to grow, allowing us to raise awareness and share our important work with a wider audience.

FINANCIAL REVIEW

Financial position

The financial position of the charity improved in 2023. Income increased slightly to £180,570 (2022 £172,971). However, income from voluntary donations was down from £166,756 in 2022 to £127,561 in 2023. During the year we benefited from legacies of £31,791 (2022: nil) and grants received of £12,616 (2022: nil). Without these we would again have ended the year in deficit.

Expenditure remained steady at £166,873 (2022: £191,005). We ended the year with a surplus of £13,697 compared with a 2022 deficit of £18,034. As a result total reserves increased by £13,697 to £319,430 (2022: £305,733).

The charity currently holds sufficient reserves to sustain over 12 months of operations, and the trustees are keeping the financial position under review. While we expect that fundraising will remain challenging, we hope that the charity will continue to generate a surplus, so we can consider funding clinical research projects. The trustees are committed to continuing to provide information and maintain all support services, including the nurse helpline.

Reserves policy

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately six months of unrestricted charitable expenditure. The trustees consider that this level will provide sufficient funds to respond to applications for grants and ensure that there are sufficient funds available to cover support and governance costs.

FUTURE PLANS

Plans for 2024

- **Continue to provide essential services to our community.** This includes expanding our support group network, developing our nurse helpline, expanding the reach of our online presence, and providing relevant health information. These services are essential for helping people with sarcoidosis to cope with the physical and emotional challenges of the condition.
- **Support research and advocacy.** This includes supporting the collection of research data in the form of health registries and working with PIP assessment providers to create Sarcoidosis Condition Insight Reports. We are also working more closely with other lung charities to support larger public health and research initiatives.
- **Transfer operations to the new CIO.** We have discussed with you over the past three years our plans to migrate the operation of the charity to a more up to date and suitable vehicle of a Charitable Incorporated Organisation (CIO). In 2023 we formed and registered the CIO with the Charity Commission as a new charity, with the express intention that it be a replacement for the current legal entity. We have yet to transfer our activities to the new vehicle and we are still operating under our existing charity and are governed by the same procedures as in previous years. We will maintain the same trustees for both legal entities during the transfer of activity from one charity to another to ensure continuity.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

SarcoidosisUK is a registered charity, number 1063986, and is constituted under a trust deed dated 18th November 1996, as amended 29th May 1997, 27th March 2017, 21st May 2018 and 18th July 2019.

Recruitment and appointment of new trustees

Trustees are appointed by member vote. All trustees are personally affected by sarcoidosis. The board of trustees regularly reviews the skills and experience of members to ensure that, as the legal and operational backbone of the charity, the board is as strong as possible.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1063986

Principal address

214 China Works
100 Black Prince Road
London
SE1 7SJ

Report of the Trustees
for the Year Ended 31st December 2023

Trustees

Mr R J D Etienne
Dr E Gadimaliyev (resigned 6.3.23)
Ms S Wilson
Mr J Cordner
Mr P Sinclair
Ms J Newton
Mr J Richardson

Independent Examiner

Ray Haynes
Winter & Co
34 Southborough Road
Bromley
BR1 2EB

Bankers

CAF Bank	Co-operative Bank Plc
25 Kings Hill Avenue	1 Balloon Street
Kings Hill	Manchester
West Malling	M60 4EP
Kent	
ME19 4JQ	

Approved by order of the board of trustees on 21st October 2024 and signed on its behalf by:

Ms S Wilson - Trustee

Independent examiner's report to the trustees of SarcoidosisUK

I report to the charity trustees on my examination of the accounts of SarcoidosisUK (the Trust) for the year ended 31st December 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Ray Haynes FCCA

Ray Haynes
Winter & Co
34 Southborough Road
Bromley
BR1 2EB

25th October 2024

Statement of Financial Activities
for the Year Ended 31st December 2023

	Notes	Unrestricted funds £	Restricted funds £	31.12.23 Total funds £	31.12.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	160,840	11,160	172,000	166,863
Other trading activities	3	5,286	-	5,286	5,397
Investment income	4	3,284	-	3,284	711
Total		<u>169,410</u>	<u>11,160</u>	<u>180,570</u>	<u>172,971</u>
EXPENDITURE ON					
Raising funds	5	36,964	360	37,324	51,179
Charitable activities	6				
Educational material		2,844	-	2,844	985
Nurse helplines		8,833	2,000	10,833	11,053
Support costs		31,235	8,800	40,035	37,450
Royal College of GPs		6,350	-	6,350	22,507
Other		69,487	-	69,487	67,831
Total		<u>155,713</u>	<u>11,160</u>	<u>166,873</u>	<u>191,005</u>
NET INCOME/(EXPENDITURE)		13,697	-	13,697	(18,034)
RECONCILIATION OF FUNDS					
Total funds brought forward		305,318	415	305,733	323,767
TOTAL FUNDS CARRIED FORWARD		<u><u>319,015</u></u>	<u><u>415</u></u>	<u><u>319,430</u></u>	<u><u>305,733</u></u>

	Notes	Unrestricted funds £	Restricted funds £	31.12.23 Total funds £	31.12.22 Total funds £
FIXED ASSETS					
Tangible assets	11	2,801	-	2,801	3,415
CURRENT ASSETS					
Debtors	12	4,952	-	4,952	3,741
Cash at bank		312,575	415	312,990	299,847
		<u>317,527</u>	<u>415</u>	<u>317,942</u>	<u>303,588</u>
CREDITORS					
Amounts falling due within one year	13	(1,313)	-	(1,313)	(1,270)
NET CURRENT ASSETS		<u>316,214</u>	<u>415</u>	<u>316,629</u>	<u>302,318</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>319,015</u>	<u>415</u>	<u>319,430</u>	<u>305,733</u>
NET ASSETS		<u>319,015</u>	<u>415</u>	<u>319,430</u>	<u>305,733</u>
FUNDS	14				
Unrestricted funds				319,015	305,318
Restricted funds				<u>415</u>	<u>415</u>
TOTAL FUNDS				<u>319,430</u>	<u>305,733</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 21st October 2024 and were signed on its behalf by:

Ms S Wilson - Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 20% on cost
Computer equipment	- 25% on reducing balance

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Notes to the Financial Statements - continued
for the Year Ended 31st December 2023

2. DONATIONS AND LEGACIES

	31.12.23	31.12.22
	£	£
Donations	127,561	166,756
Gift aid	32	107
Legacies	31,791	-
Grants	12,616	-
	<u>172,000</u>	<u>166,863</u>

Grants received, included in the above, are as follows:

	31.12.23	31.12.22
	£	£
Lambeth Council	706	-
The Hospital Saturday Fund	2,000	-
National Lottery Community Fund	9,160	-
Ulana Trust	750	-
	<u>12,616</u>	<u>-</u>

3. OTHER TRADING ACTIVITIES

	31.12.23	31.12.22
	£	£
Shop income	5,286	5,060
Service income	-	337
	<u>5,286</u>	<u>5,397</u>

4. INVESTMENT INCOME

	31.12.23	31.12.22
	£	£
Deposit account interest	<u>3,284</u>	<u>711</u>

Notes to the Financial Statements - continued
for the Year Ended 31st December 2023

5. RAISING FUNDS

Raising donations and legacies

	31.12.23	31.12.22
	£	£
Staff costs	26,798	31,629
Sundries	8,052	14,818
Fundraising platforms	562	562
Staff welfare	-	616
Recruitment	748	824
	<u>36,160</u>	<u>48,449</u>

Other trading activities

	31.12.23	31.12.22
	£	£
Purchases	1,164	1,873
Bad debts	-	857
	<u>1,164</u>	<u>2,730</u>

Aggregate amounts	<u>37,324</u>	<u>51,179</u>
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6. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 7) £
Educational material	2,844
Nurse helplines	10,833
Support costs	40,035
Royal College of GPs	6,350
	<u>60,062</u>

Notes to the Financial Statements - continued
for the Year Ended 31st December 2023

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	31.12.23	31.12.22
	£	£
Staff costs	39,560	37,380
Support calls	10,833	11,053
Support groups (room hire)	448	-
Educational material	2,844	985
Support groups sundry costs	5	70
Royal College of GPs Fees	6,350	22,507
Support groups (travel)	22	-
	<u>60,062</u>	<u>71,995</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st December 2023 nor for the year ended 31st December 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st December 2023 nor for the year ended 31st December 2022.

9. STAFF COSTS

	31.12.23	31.12.22
	£	£
Wages and salaries	97,589	101,579
Social security costs	4,702	5,072
Other pension costs	2,285	2,293
	<u>104,576</u>	<u>108,944</u>

The average monthly number of employees during the year was as follows:

	31.12.23	31.12.22
Chief Executive Officer	-	1
Executive Officers	1	1
Junior Executive Officers	1	-
Fundraisers	1	1
	<u>3</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

Notes to the Financial Statements - continued
for the Year Ended 31st December 2023

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	146,048	20,815	166,863
Other trading activities	5,397	-	5,397
Investment income	711	-	711
Total	152,156	20,815	172,971
EXPENDITURE ON			
Raising funds	51,179	-	51,179
Charitable activities			
Educational material	985	-	985
Nurse helplines	11,053	-	11,053
Support costs	37,450	-	37,450
Royal College of GPs	2,107	20,400	22,507
Other	67,831	-	67,831
Total	170,605	20,400	191,005
NET INCOME/(EXPENDITURE)	(18,449)	415	(18,034)
RECONCILIATION OF FUNDS			
Total funds brought forward	323,767	-	323,767
TOTAL FUNDS CARRIED FORWARD	305,318	415	305,733

Notes to the Financial Statements - continued
for the Year Ended 31st December 2023

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1st January 2023	1,242	8,033	9,275
Additions	-	271	271
At 31st December 2023	1,242	8,304	9,546
DEPRECIATION			
At 1st January 2023	605	5,255	5,860
Charge for year	178	707	885
At 31st December 2023	783	5,962	6,745
NET BOOK VALUE			
At 31st December 2023	459	2,342	2,801
At 31st December 2022	637	2,778	3,415

12. DEBTORS

	31.12.23 £	31.12.22 £
Amounts falling due within one year:		
Prepayments	1,211	-
Amounts falling due after more than one year:		
Other debtors	3,741	3,741
Aggregate amounts	4,952	3,741

Notes to the Financial Statements - continued
for the Year Ended 31st December 2023

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.23	31.12.22
	£	£
Other creditors	1,313	1,270
	<u>1,313</u>	<u>1,270</u>

14. MOVEMENT IN FUNDS

	At 1.1.23	Net movement in funds	At 31.12.23
	£	£	£
Unrestricted funds			
General fund	305,318	13,697	319,015
Restricted funds			
Research (Restricted)	415	-	415
TOTAL FUNDS	<u>305,733</u>	<u>13,697</u>	<u>319,430</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	169,410	(155,713)	13,697
Restricted funds			
HSF Nurse Helpline Grant 2019	2,000	(2,000)	-
National Lottery Community Fund	9,160	(9,160)	-
	<u>11,160</u>	<u>(11,160)</u>	<u>-</u>
TOTAL FUNDS	<u>180,570</u>	<u>(166,873)</u>	<u>13,697</u>

Notes to the Financial Statements - continued
for the Year Ended 31st December 2023

14. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	323,767	(18,449)	305,318
Restricted funds			
Research (Restricted)	-	415	415
TOTAL FUNDS	<u>323,767</u>	<u>(18,034)</u>	<u>305,733</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	152,156	(170,605)	(18,449)
Restricted funds			
Royal College of GPs	20,400	(20,400)	-
Research (Restricted)	415	-	415
	<u>20,815</u>	<u>(20,400)</u>	<u>415</u>
TOTAL FUNDS	<u>172,971</u>	<u>(191,005)</u>	<u>(18,034)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.22 £	Net movement in funds £	At 31.12.23 £
Unrestricted funds			
General fund	323,767	(4,752)	319,015
Restricted funds			
Research (Restricted)	-	415	415
TOTAL FUNDS	<u>323,767</u>	<u>(4,337)</u>	<u>319,430</u>

Notes to the Financial Statements - continued
for the Year Ended 31st December 2023

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	321,566	(326,318)	(4,752)
Restricted funds			
Royal College of GPs	20,400	(20,400)	-
HSF Nurse Helpline Grant 2019	2,000	(2,000)	-
Research (Restricted)	415	-	415
National Lottery Community Fund	9,160	(9,160)	-
	<u>31,975</u>	<u>(31,560)</u>	<u>415</u>
TOTAL FUNDS	<u>353,541</u>	<u>(357,878)</u>	<u>(4,337)</u>

15. RELATED PARTY DISCLOSURES

The Charity currently sources its bookkeeping software on a subscription basis through a related party at a discounted price. The related party supplies the software at cost, which totalled £204 for the year to 31 December 2023 (2022: £184).

Detailed Statement of Financial Activities
for the Year Ended 31st December 2023

	31.12.23 £	31.12.22 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	127,561	166,756
Gift aid	32	107
Legacies	31,791	-
Grants	12,616	-
	172,000	166,863
Other trading activities		
Shop income	5,286	5,060
Service income	-	337
	5,286	5,397
Investment income		
Deposit account interest	3,284	711
Total incoming resources	180,570	172,971
EXPENDITURE		
Raising donations and legacies		
Wages	26,798	31,629
Sundries	8,052	14,818
Fundraising platforms	562	562
Staff welfare	-	616
Recruitment	748	824
	36,160	48,449
Other trading activities		
Purchases	1,164	1,873
Bad debts	-	857
	1,164	2,730
Charitable activities		
Wages	39,560	37,380
Support calls	10,833	11,053
Support groups (room hire)	448	-
Carried forward	50,841	48,433

Detailed Statement of Financial Activities
for the Year Ended 31st December 2023

	31.12.23 £	31.12.22 £
Charitable activities		
Brought forward	50,841	48,433
Educational material	2,844	985
Support groups sundry costs	5	70
Royal College of GPs Fees	6,350	22,507
Support groups (travel)	22	-
	60,062	71,995
Other		
Wages	31,231	32,570
Social security	4,702	5,072
Pensions	2,285	2,293
IT Expenditure	2,077	4,717
Sundry expenses	1,113	1,000
Telephone	345	675
Stationery and printing	114	344
Postage	2,935	879
Travel and subsistence	2,154	468
Rent	17,553	14,662
Bank charges	187	230
Business rates	1,352	274
Insurances	457	1,767
Broadband	1,153	769
Computer equipment	885	1,121
	68,543	66,841
Support costs		
Governance costs		
Independent examiner's fee	770	730
Bookkeeping	174	260
	944	990
Total resources expended		
	166,873	191,005
Net income/(expenditure)		
	13,697	(18,034)